

## NOTICES & DIARY DATES

**Shoebox Appeal - Thank you:** We have received a thank you certificate from 'House of Opportunity' for the 75 boxes we prepared and gathered for them.

**Valentine's Day - Saturday 14 February:** Why not start your day of romance with a prayer? A traditional Matins service will be held at 10am on St Valentine's day, with a blessing of love tokens for you to give to your chosen.

**Bishop's Taize Pilgrimage:** The Bishop is inviting all the young people (18-35) of the diocese to spend a week with him in Taize, France. This year's pilgrimage will run the 18th-26th July at the cost of £425. The pilgrimage will involve camping, deepening of faith, and hearing Rev. Seamus effecting a French accent. There is a booklet by the notice board with full details, please speak to Rev. Seamus if you have any questions.

**Lent Study - The Creed:** This Lent we shall be studying the Creed, what it means and how it shapes our Christian faith. This study will be every Thursday at the vicarage, 7pm beginning Feb 19th and ending March 26th. This course is especially suitable for those recently confirmed, or those looking to explore Christian Faith. All are welcome, why not bring a friend?

**Lenten Compline:** Each Tuesday of Lent at 7pm, starting on 24 Feb, there will be a Contemplative Compline in the Lady Chapel, focusing on a different theme of Lent. Do join us and see how joint, intentional, Lenten prayer can add to your Lenten Observance.

**Prayers for the Persecuted:** The diocese has named this year, the year of prayer. St John's is partnering with a charity, Aid to the Church in Need, to raise awareness of, and pray for Persecuted Christians. Each Month, in the Lady Chapel, there will be a display about a different group of persecuted Christians, please stop by this board and pray for our persecuted brothers and sisters in Christ.

**Fair Frome Foodbank:** There are collection points in most supermarkets. All help gratefully received – thank you!

THE PARISH OF FROME, ST JOHN THE BAPTIST, BA11 1PL

SUNDAY 8 FEBRUARY 2026

Second before Lent

### SUNDAY SERVICES

**Saturday**  
**5pm Vigil Eucharist**  
in the Lady Chapel

**Sunday**  
**8.45am Online Service**  
contact admin for code

**10.00am Choral Eucharist**  
**5pm Benediction & Evening Prayer**  
in the Lady Chapel

Confessions, Sacrament of the Sick and Pastoral Conversations are by appointment. Please contact Rev. Seamus to arrange.

Tues 10 Funeral

Wed 11 12.30pm Eucharist: Our Lady of Lourdes

Sat 14 10am Mattins: St Valentine (With blessing of love tokens)

Tues 17 10.30am-12.30pm Coffee Morning (see *Inspire*)

Wed 18 Ash Wednesday

8.45am Mattins

12.30pm Eucharist:

7pm Eucharist

Thurs 19 2pm Craft & Conversation (BC)

7pm Lent Study Group: The Creed

### WEEKDAY SERVICES

**Monday**  
**8.45am Morning Prayer**  
in the Ken Chapel

**Wednesday**  
**12.30pm Eucharist:**  
Our Lady of Lourdes

**Friday**  
**12.30pm Lunchtime Eucharist**  
in the Lady Chapel

**Saturday**  
**10am Matins:** St Valentine

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## Second Before Lent (Year A)

### FIRST READING: Genesis 1.1-2.3

For the word of the Lord, **Thanks be to God**



### SECOND READING: Romans 8.18-25

I consider that the sufferings of this present time are not worth comparing with the glory about to be revealed to us. For the creation waits with eager longing for the revealing of the children of God; for the creation was subjected to futility, not of its own will but by the will of the one who subjected it, in hope that the creation itself will be set free from its bondage to decay and will obtain the freedom of the glory of the children of God. We know that the whole creation has been groaning in labour pains until now; and not only the creation, but we ourselves, who have the first fruits of the Spirit, groan inwardly while we wait for adoption, the redemption of our bodies. For in hope we were saved. Now hope that is seen is not hope. For who hopes for what is seen? But if we hope for what we do not see, we wait for it with patience.

For the word of the Lord, **Thanks be to God**

### GOSPEL READING: Matthew 6.25-end

Hear the Gospel of our Lord Jesus Christ according to Matthew  
**Glory to you, O Lord**

'Therefore I tell you, do not worry about your life, what you will eat or what you will drink, or about your body, what you will wear. Is not life more than food, and the body more than clothing? Look at the birds of the air; they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? And can any of you by worrying add a single hour to your span of life? And why do you worry about clothing? Consider the lilies of the field, how they grow; they neither toil nor spin, yet I tell you, even Solomon in all his glory was not clothed like one of these. But if God so clothes the grass of the field, which is alive today and tomorrow is thrown into the oven, will he not much more clothe you—you of little faith? Therefore do not worry, saying, "What will we eat?" or "What will we drink?" or "What will we wear?" For it is the Gentiles who strive for all these things; and indeed your heavenly Father knows that you need all these things. But strive first for the kingdom of God and his righteousness, and all these things will be given to you as well.

'So do not worry about tomorrow, for tomorrow will bring worries of its own. Today's trouble is enough for today.

This is the Gospel of the LORD. **Praise to you, O Christ**