

# *INSPIRE*



**ST JOHN'S**

**ST KATHARINE'S**



**THE MONTHLY MAGAZINE FOR THE PARISHES  
OF**

**ST JOHN THE BAPTIST, FROME  
AND  
ST KATHARINE, EAST WOODLANDS**

**MAY 2022**

**The parishes of Frome Selwood and Woodlands  
in the Frome Local Ministry Group**

Vicar	Revd Colin Alsbury	01373 472853
<i>Email: colin.alsbury@btinternet.com</i>		
Reader	Janet Caudwell	
Reader	Ross Frooms	
Group Clergy	Vacant (HT)	01373 462586
	Revd Liz Dudley (CC/SM)	01373 473249
Administrator	Karolyn Curle	01373 462325
	<i>Email: administrator@sjfrome.co.uk</i>	
Safeguarding	Judith Davies	
<i>Inspire (magazine for the two parishes)</i>		
Editors	Mandy Crook	
	Karolyn Curle	
	<i>amandacrook@blueyonder.co.uk</i>	

**Frome St John the Baptist**  
[www.stjohnsfrome.com](http://www.stjohnsfrome.com)

Churchwardens	Neil McCormick
	Terry Bushell
PCC Secretary	Angela Pater
	<i>Email: angelapater987@btinternet.com</i>
PCC Treasurer	Christine Holland
Principal Organist	Jackie Bevan
Choir Leader	Rosemary McCormick
Sacristy Team	Marian Alsbury
Bell Captain	Andy Mead
Flowers	Elaine Gilbert

**The Bennett Centre (St John's Hall)**  
[www.bennettcentre.com](http://www.bennettcentre.com)

Bookings	Janet Osborne	c/o Parish office: 01373 462325
<i>Email: bennettcentre@sjfrome.co.uk</i>		

**May 2022**



*Bluebells at the top of Cole Hill*

*Photo: Pam Chapman*

**STOP PRESS ... STOP PRESS ... STOP PRESS ... STOP PRESS**

## **New Bishop of Bath and Wells announced**

28th April 2022

Downing Street has announced today (10am, 28 April 2022) that the Rt Revd Michael Beasley will be the next Bishop of Bath and Wells. He is currently the Bishop of Hertford, a role which he has held since 2015. Prior to taking a fulltime role with the church, Bishop Michael was an epidemiologist, a background he was called on to use during the pandemic as a member of the Church of England's Covid task force.

Bishop Michael is already familiar with Somerset. His wife Lizzie is from a farming family from Somerset and prior to Bishop Michael being interviewed for the role of Bishop of Bath and Wells, they both undertook a 60 mile walk around the county.

Speaking in advance of today's announcement, Bishop Michael shared his joy in becoming the 80th Bishop of Bath and Wells and said he was looking forward to getting to know the people of Somerset.

He says, "I am delighted to be coming to be the Bishop of Bath and Wells and to joining with everyone in the diocese as together we live and tell the story of Jesus.

"We have strong family connections with Somerset and I'm very much looking forward to working alongside its people, communities and churches.

"We have all been through a challenging few years. The COVID pandemic pushed us all apart. Now is the time to come back together. Our churches have an essential role in helping us rebuild communities and in facing the challenges present to us both internationally and at home.

"Jesus's message is one of peace – a peace I'm looking forward to sharing and pursuing as I join you as your bishop."

Before his ordination as Bishop of Hertford in the Diocese of St Albans, Bishop Michael served as Director of Mission in the Diocese of Oxford.

A scientist by background, he was an epidemiologist specialising in infectious diseases of children in low-income countries.

As well as being a member of the Church of England's Covid task force he also worked with UNICEF, the NHS, the Government and leaders of different faiths to launch [vaccinaid.org](http://vaccinaid.org) which has raised more than £10 million in support of vaccination for low-income countries.

Commenting on his work on the taskforce he says, "I thought I'd left science behind but God never wastes anything! So in the last few years the skills I gained before have been of use to the Church now."

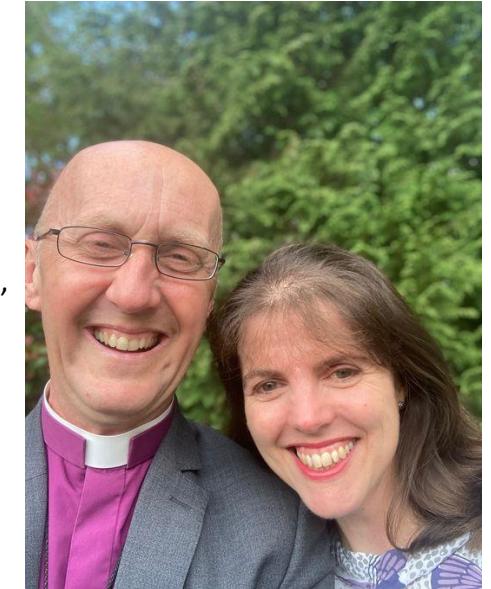
### **Background**

Brought up in rural Staffordshire, Bishop Michael attended a small Church of England primary school and a rural church. Bishop Michael was ordained in 1999 and until his appointment as Director of Mission in the Diocese of Oxford in 2010, he combined his scientific work 50:50 with work in Christian ministry as a missioner and theological educator.

The Rt Revd Dr Alan Smith, the Bishop of St Albans "I am delighted to receive the news that Michael Beasley is to be the new Bishop of Bath and Wells. Michael has served with distinction as Suffragan Bishop of Hertford in this diocese since mid-2015, and he will leave an impressive and long-lasting legacy here."

Bishop Michael and Lizzie have two young children. In his spare time, he enjoys tending his garden and his bees.

His appointment follows the retirement of the Rt Revd Peter Hancock, who stood down in May 2021 due to ill health.



## Dear Friends

It was a joy to celebrate Easter in our churches with a fuller range of services in person and online in a way far closer to 'normal' this year.

The period from the first Easter through to Pentecost was a time when the disciples were gaining fresh understanding of all that had happened and being prepared for their future calling of being church. As we journey from Easter to Pentecost and beyond this year, there are many issues that may be of serious concern to us:

The ongoing conflicts in the world, particularly the invasion of Ukraine, have immense humanitarian consequences, and the implications for all of us with regard to energy prices, food supply and how we welcome and support refugees will be matters of concern for some time.

The continuing impacts of the way the Covid pandemic has disrupted families, communities and church life, as well as local businesses and wider world trade, mean that a process of recovery and change that will take quite some time is inevitable.

The challenges of climate change and the responses we are able to make could all too easily be sidelined by other factors but need to remain firmly on our agendas.

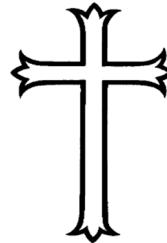
In the midst of these and other issues we are called to be a community of Hope, rooted in the Easter Gospel – we are called to respond in loving action to all these issues in as much as we can.

The first disciples were told by Jesus to wait until they were empowered with the promised gift of the Holy Spirit. We may also find ourselves waiting ...

waiting on feeling safe enough to resume church and community activities that have been disrupted by Covid;

waiting on more settled circumstances in which to make significant life choices;

waiting on resuming close contact with family or friends we haven't seen face to face for a very long time...



And as church communities there are things on which we wait:

As a Diocese we wait in hope for the announcement of the appointment of a new Diocesan Bishop; we wait alongside the parish of Holy Trinity in Frome as they look to appoint a new parish priest.

We wait alongside the Beckington and Mells benefices as they move into vacancy and reflect on the shape of future ministry in their benefices;

We wait with some uncertainty to hear from the Diocese what the future allocation of full time paid clergy for our Deanery will be (currently 7 but across the Diocese a reduction of about 15% in clergy numbers is planned).

For the first disciples there was a real sense in which things would never be the same again, the old 'normal' was gone and new paths of life appeared before them. With all the factors in play over the past couple of years, we (and others) are in the process of discerning the new paths of life for us, our communities, our churches, our nation and the world. There may be plenty that carries forward and feels a bit like the old 'normal', but things will be different and invite fresh response and commitment from us.

One real positive change that has taken place in the past few weeks, after a long and somewhat complex process, is that the Village Hall at East Woodlands has now been conveyed to the Management Committee from the Thynne's Educational Foundation, who were the owners. This was a process into which Michael Joyce, our late churchwarden at Woodlands, put much expertise and effort. It is good news for the Village Hall as they can now move forward with more confidence as a real focus of community, and it is good news for Thynne's Educational Foundation, which can now set about its primary purpose of giving grants to support the education of young people in the ancient parishes of Frome and Corsley.

Thankfully not all change takes as long as that process has done, nor does all change require quite so much legal work, but change does have to be well designed and consequences thought through. As we

take time to reflect and plan in our churches, and as plans are made across the Deanery and Diocese, may they be well thought and prayed through so that they allow us all to be reenergised as the first disciples were at Pentecost to bring Hope in this world.

Your Friend and Vicar

**Colin Alsbury**



### **Annual Meetings and PCC Membership**

The Annual Meeting and Annual Parochial Church Meeting (APCM) for each of our churches take place in May:

**St Katharine's will be on Sunday 15th May at 12.15pm in church**

**St John's will be on Tuesday 24th May at 7pm in church**

At the APCM lay members to the Parochial Church Council (PCC) are elected. PCC members have responsibilities for the local mission of the Church, including its aims and direction, its mission and vision and finances. To be eligible, you need to be aged 16 or over, an actual communicant, and your name must be on the roll of the parish and have been on the roll for at least the preceding six months.

**At St John's** the PCC meets about 10 times a year for up to two hours, normally on midweek evenings. If you are interested in becoming a member of St John's PCC, please speak to the PCC Secretary, Angela Pater, in advance of the meeting, ideally by Sunday 22 May. (Email: [angelapater987@btinternet.com](mailto:angelapater987@btinternet.com))

**At St Katharine's** the PCC meets 4 or 5 times a year for up to two hours on an evening during the week. If you are interested in becoming a member of St Katharine's PCC, please speak to the PCC Secretary, Mandy Hulme, by Saturday 14 May. (Email: [mhulme2909@aol.com](mailto:mhulme2909@aol.com))

Election of churchwardens will also take place.

**Well Dressing 2022:** This year's Well Dressing service will be on Saturday 28th May at 9.30am and will celebrate 'Faithful Service'.



### **Holy Week and Easter**

It was so good to experience Holy Week and Easter in our churches this year following absolutely nothing in 2020 and a restricted programme of services last year.

We have learned that our Zoom services are important for people who are unable or choose not to come to church, and so we continued our 'mixed economy' during Holy Week and Easter Day.

On Palm Sunday, members of the choir and congregation read the complete Passion narrative from the gospel of Luke in St John's. It was a fitting prelude to Holy Week.

On the Monday twenty-one of us walked the Stations of the Cross in St John's\* and this year meditated on parallel situations, not only in Ukraine but in the lives of others nearer home where scenes of cruelty, hopelessness, unexpected acts of kindness and despair are daily realities.

On Tuesday we had the opportunity, on Zoom, to walk the 'Biblical Stations of the Cross' (ie not including the three falls, or the encounters with Veronica and Mary, but beginning with the events of Maundy Thursday). Colin cleverly included images of the instruments of the Passion which are possibly familiar to those who glance upwards in the chancel of St John's, but also those in the Lady Chapel which are easily overlooked. (*Ed: Some of these images illustrate this article.*) Together with some images from the church Stations and the Via Crucis and Bible accounts read by participants in the Zoom call, it was another moving journey.

\* These were inadvertently attributed to the Revd Michael Higgins (a previous vicar) in our April magazine. The artist was in fact the Revd John Huggins.



On Wednesday we were back in church for a service of Compline in the Lady Chapel. Those of us who had really valued Rosemary's occasional services via Zoom during the lockdown were pleased to join, again, in this simple, thoughtful service 'at the ending of the day'.

On Maundy Thursday we were on Zoom again, following the series of events which led to the betrayal and arrest of Jesus, this time our readings were illustrated by carefully chosen works of art.

Colin had decided to mark the Three Hours on Good Friday in St John's in a different way. Using the theme of Brokenness he led a series of short meditations every half hour, interspersed with his selection of appropriate music. At St Katharine's it was really good to have our traditional service of Words and Music once again. As we drew near to the church and heard the choir rehearsing we knew that this was going to be special – and indeed it was!

There has always been a special bustle in St John's on Easter Eve and it was lovely to experience that again this year: the flower team bringing life and colour back into the nave, the sacristy team dressing all the altars in church and wresting the seven-branched candlesticks into place (!), Elaine performing alarming acrobatics in order to put flowers on the two wooden crosses, the frantic search for little flowers to dress the Easter Garden (we give thanks for the marigolds in the Forecourt!). There is always a moment of quiet as some of us walk the Via Crucis outside the church. And it was rather nice to have the traditional warm cross buns at the end of the morning.



One bonus this year, as we did not have masses of brass on all the altars, was that we could leave the church open during the afternoon, and visitors were able to walk round.

After long discussions in Worship Committee, we had decided against our traditional break-of-day Communion on Easter Day (sorry if that upset some people!), but it meant that we were able to pour all our energies into a Zoom service and three Communion services in the morning, and still leave some in reserve for our afternoon service. There were so many firsts on Easter Day: the Chalice available for those who wished to receive wine; incense; tea and cakes after Evensong! It was lovely to hear the Alleluias sung again in church, to be able to join in the Easter hymns, to remember, at Evensong, those of our congregations who always enjoyed Easter with us.

It was also lovely, in a way, to feel exhausted again after Holy Week and Easter ... thank you to so many who, in both our churches, did so much to make Holy Week and Easter extra special this year.

**Janet Caudwell**



### **Christian Aid Week 15-21 May**

Once again, Jean Fraser from Wesley church is getting us organised to do some collecting for Christian Aid. Already we have had some email communication about this, and I hope that we can gather enough people from St John's to collect in town, based in the Westway precinct, on **Monday 16 May**. There will also be a Christian Aid Kindness Coffee morning at Wesley on **Saturday 21 May** 10.00-12 noon.

I think we are all aware of Christian Aid's role as part of the Disasters Emergency Committee's vital work in Ukraine, but we must not forget the continuing misery in so many other places in the world, and Christian Aid's historic and heroic part in partnership with so many communities.

You can expect to be accosted by email or personal badgering(!), but if I somehow miss you out, please let me know if you can help with collecting on 16 May (or on any other day of the week).

**Janet Caudwell**



## St Katharine's Church news

Good Friday's service of hymns, choir pieces and readings was lovely. Though the congregation was small we heard some wonderful music, only sung at this time of year, and returned home with our palm crosses, wondering where the last 12 months had gone.

There was a Spring cleaning of the church on Easter Saturday by an enthusiastic band of helpers, who were revived at the end with coffee or tea and hot cross buns. Thank you Mandy!

Easter Sunday we welcomed to the congregation a large number of visitors and were delighted that they joined us. The church shone like the sun outside and was full of flowers, courtesy of Sheila House.

A reminder that everyone is invited to the Parish Church Council AGM in the church at 12.15pm on 15th May. If you'd like to know what the future holds for this church, please do come along. There is a morning service at 11.15am, prior to the AGM – if you'd like to share this with us, we would love to see you.

Pam Chapman

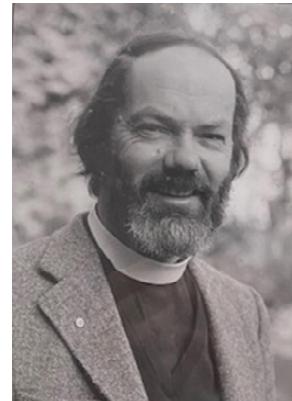
## Woodlands Village Hall news

The pop up pub was very enjoyable and it won't be the last, by all accounts.

The Daffodil Coffee Morning was well attended and enjoyed by all. The thought is that there should be quarterly coffee mornings in future, rather than monthly. I'll give you the dates when I have them.

**Platinum Jubilee Celebration** – the afternoon of 5th June is the date for your diary. A couple of discussions have taken place between representatives of the Church, Hall and Parish Council and activities will include a horse, dog and walker circuit, starting at the village hall green, a short outdoor church service, a jazz band, refreshments plus a licensed bar – all suggestions which you can opt into or out of. Still in the planning stages but do keep the date. We will need some helpers and lots of bunting, so if you can help in any way, please call me on 01373 464802 and I'll pass the info on to the organising committee.

Pam Chapman



## The Revd Geoffrey Wrayford

We have learned of the death of the Revd Geoffrey Wrayford, Vicar of St John's and St Katharine's from 1980 to 1992. Geoffrey, and his wife Janet, are remembered with great affection in our churches and in the wider community. Judith Davies, who went to Janet's funeral last year, was amused to observe Geoffrey urging the congregation to sing up during the final hymn.

Those of us who remember Geoffrey's great love of liturgy, and his encouragement of us to make our responses with vigour and enthusiasm will smile at that. There will be many other memories for us to share. Geoffrey died peacefully following a slow decline. May he rest in peace and rise in glory.

Janet Caudwell

## New voices

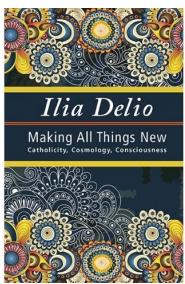
One of the unexpected delights of Lent was the introduction of a time of prayer and worship on every Sunday afternoon. Six different people led us in an eclectic mixture of prayer, reflection and silence. We moved about St John's: some of our times together were based in one particular part of the church (the Lady Chapel, the Ken Chapel); on other occasions we focused on various parts of the church, or on specific Lenten themes. It was so refreshing to experience different approaches to worship, and so thought-provoking!

It will be really good to repeat the process – already, on the day I write this, a seventh person has added themselves to our little 'team'. We will talk about setting up another series of services quite soon, I hope. An extended conversation today has already started an idea of having one time of worship in St John's churchyard, perhaps focussing on some notable graves.

Meanwhile we look forward to Rogation-tide at St Katharine's (15 May) when I hope we shall also hear some new voices.

With grateful thanks to Ross, Lois, Ram, Jane and Rosemary (who also stepped forward to lead our worship in St John's on 'Low Sunday').

Janet Caudwell



## Making All Things New

I have long been fascinated by the challenge to religious belief that is sometimes put forward by those who see science as the only way to understand the world we live in and the lives we lead. Many of us strive to explore the insights that both science and faith offer us. Both disciplines can help us to expand our awareness and make some things new in our understandings. I commend a book entitled *Making All Things New*, subtitled *Catholicity, Cosmology, Consciousness*.

The author, Ilia Delio, OSF, is director of the Catholic studies program and visiting professor at Georgetown University, and former senior fellow in science and religion at Woodstock Theological Center, Georgetown, in the United States. She is the recipient of a prestigious Templeton Award in Science and Religion. Ilia Delio is a member of the Franciscan Servants of the Holy Child Jesus. She holds a doctorate in Pharmacology from the University of Medicine and Dentistry of New Jersey (UMDNJ) – Graduate School of Biomedical Sciences and a doctorate in Historical Theology from Fordham University where she wrote her dissertation on Bonaventure's Christ Mysticism. This book, which develops themes from her previous books, is the first in a series from Orbis Books in America entitled *Catholicity in an Evolving Universe*. Though she writes from a Roman Catholic viewpoint, her exploration of the wider meaning of catholicity speaks to all Christian people, and to those of other worldviews. Her qualifications in both science and theology equip Delio to address the relationship between science and religion. As someone who struggles somewhat to grasp some of the concepts emerging in science I found this book illuminating in its presentation of the development of thinking on cosmology, evolution, quantum mechanics, and theories of consciousness. Her understanding of catholicity is to see it as a way to engage with the wholeness of the created order – the cosmos, humanity and ourselves as individual beings. The church, she suggests, should not see itself as set over and against the physical world, but as an open system, open to scientific and social insights, as well as revelation and theological reflection. She has been influenced greatly by the pioneering vision of Teilhard de Chardin.

She re-examines his work in the light of contemporary physics and cosmology and demonstrates its prophetic nature, sadly misunderstood and condemned in his lifetime. Her examination of the significance of Jesus Christ, in his life on earth, and in the sacramental life of the church are refreshing and encouraging.

Sr Ilia ends her book with a call to Christians to wake up to the possibilities of the universal extent of the concept of new life in Christ. She challenges the capacity of religious institutions to contain this newness within the structures dictated by worldviews that have been superseded in the contexts of scientific and social change. I recommend this book very strongly. It is an accessible introduction to contemporary scientific theories and to the theological challenges facing the church in the modern world. It would provide a rich resource for a study group to use, and, I hope, an inspiration to many individuals who find some aspects of modernity unsettling.

Kevin Tingay

## St John's Sacristy Team

We are looking for more people to join our happy band of sacristans. Full training is given.



The Sacristy Team at church is a bit like the stage management in a theatre: we set out the candles, the wine, the wafers, the cloths and hangings, vestments and frontals, and we wash the linen – all the bits that affect the look and feel of services and special occasions. At the moment we have 6 people on the rota, which means some of us are on duty more than once a month. If there were more of us it would mean fewer times throughout the year. We really need about 10 people.

When you are on duty, you need to be able to give up an hour on a Saturday. You work in a pair and are responsible for setting up the altars for the Sunday services and any extra services.

To give a full explanation of what a sacristan does would be like writing an essay as there are lots of things that change throughout the year due to the liturgical calendar! If you are interested and would like to know more, please feel free to contact me.

Marian Alsbury [mazalsbury@yahoo.co.uk](mailto:mazalsbury@yahoo.co.uk), 01373 472853, 07966 671419

## Holy Trinity Church Bradford-on-Avon

This is a local church well worth a visit: park in the town centre and take the old footbridge over the Avon; the church is right in front of you. The church not only has a history as old as St John's, Frome, but also has benefitted from a modern stroke of fortune that has enabled the building to be tastefully brought up to date and equipped for religious services and outreach for the 21st century.

The parish of Holy Trinity has its origins in a Saxon Minster that was probably founded by St Aldhelm about the same time as he founded the church in Frome. The present church was first built in 1150 and originally consisted of a chancel, nave and maybe a tower. The chancel was lengthened around the beginning of the 13th century, and a section of the south east wall rebuilt in 1707. A Lady Chapel and a chantry chapel were added to the north-east side of the nave in the 14th century and became the north aisle sometime after the Reformation, as the roof retains the 16th century bosses. The town was very wealthy from the cloth trade then, and work may also have included raising the tower to accommodate a ring of five bells. The graceful tower arch is all that remains today. The bells were augmented to eight in 1735 and the first chimes installed the following year. Further extensive rebuilding and reordering took place both in Victorian times and in the 20th century.



Before the 2015 reordering

In 1940 Major Goff, of Holt, gave to the church a painting which was for many years thought to be *Head of Christ* by Luis de Morales, a 16th century Spanish painter. In 2006 it was tentatively identified as the painting *Christ Blessing* by the Flemish master Quentin Metsys (1465-1530). Metsys

was heavily influenced by Durer and Holbein. In 2012, after a long period of legal process, authentication and provenance, the original painting was sold for more than £1 million.

It was decided that the church building should be restored and regenerated, to make it fit for 21st century use, and with an eye to mission. The works cost around £2m, of which the Church contributed the majority from the sale of the painting, and the rest came from parish reserves, grants and donations. The work included: flood prevention works; installation of under-floor heating and a new Bath stone floor, which can be seen in the picture below; new seating and furniture; additional rooms, including a meeting room, kitchen and toilets; refurbishing the organ; repairing existing monuments; cleaning the walls and dealing with damp: together with extensive archaeological investigations of the Saxon origins of the site.

Music is very important at Holy Trinity. The organ was built in 1926 by Henry Willis III. He was very proud of the instrument, which incorporated a number of new ideas brought back from the USA. The picture of the console shows it is a three manual instrument with draw stops on each side and stop tabs along the rail between the Swell and the music desk, a hallmark of a Willis organ of this era. When the church was reordered in 2016, the organ was taken down, cleaned and renovated. New slider sound boards with electro-pneumatic action were fitted. It now has a mobile console and newly gilded pipes, and it sounds better than ever. The choir leads the singing of the various parts of the Eucharist and sings a communion motet each Sunday. There are opportunities for a greater choral contribution during Holy Week, at Easter, and at other festivals such as Harvest, as well as, of course, at the Advent Carol Service and the traditional



After the 2015 reordering

Service of Nine Lessons and Carols each year. There is also a Music group, which accompanies the 'second Sunday' services, made up of a piano, 2 trumpets and 1 trombone, a clarinet, an oboe, an alto saxophone, a violin, a cello and a double bass.

Since the reordering, Holy Trinity is extremely well suited for concerts. Just before Easter I sang there with the Dolce Singers, who rehearse at Chapman'slade, to raise money for the people of Ukraine. The restored organ is extremely versatile: in particular the mobile console can be placed to suit the organist, the conductor and the choir. We found this gave the choir a great lead for the Duruflé Requiem, among other choruses; in addition, there were operatic solos, poetry readings and a Ukrainian folk song, sung by a Ukrainian lady who lives in the UK. The acoustics are excellent and the facilities just what is needed, with rooms for changing, for relaxing and a bar for the interval. It was good that the conductor, although only in his early 20s, insisted that everyone stood for the Hallelujah Chorus, following the old tradition from the first London performance in 1743.

There is also a full peal of eight bells, very noisy, as the choir found when our rehearsals coincided! The bells at Holy Trinity are not only rung for services but also used by the clock and the carillon, a device for playing hymn tunes and carols on the bells using a heavy keyboard. This is not too common in England and causes some extra work. For the clock and the carillon to work the bells have to be 'down', that is, hanging with the mouth downwards. For Sunday services and practices the bells have to be rung so that the mouths are pointing upwards. The bells at Holy Trinity are heavy and the seventh and tenor bells need two strong people to raise them, as this has to be done manually.

**Chris Lewis**



## My Kitchen Notebook A Soup Discovery

I had to resist the temptation to call this a 'souper' discovery, but it certainly met a lot of my cooking criteria: a new recipe, a good use of left-overs, and an ingredient I had never cooked with before, but will definitely use again.



A few weeks ago when I was 'frisking the fridge' to see if anything was lurking at the back I found some celery – to be honest there were two packs, both out of date, but still usable. I often buy celery to use as a base in soups and casseroles, but this time I had too much for it just to be a supporting ingredient, it had to be the main event! After a little bit of research I decided to make a soup with an additional ingredient: celeriac. This strange-looking root vegetable was quite a revelation; although its irregular shape meant it needed careful cleaning and peeling (you can't eat the skin), its flavour brought a rich, earthy depth to the soup. I had some left over (of course!) which I later added to some mashed potato on top of a shepherd's pie, again with delicious results.

The soup was quick and easy to prepare:

As well as **one head of celery (including the leaves)** you need about **500g Celeriac** and **one medium floury potato**, all cleaned, peeled where necessary and roughly chopped. In a large pan, melt about **30g butter** with **one tbsp oil**. Add the vegetables and stir well, letting them cook for 2–3 minutes before adding about 4 tbsp water. Season with salt and pepper, then partially cover and leave to cook gently until the vegetables are soft (you may need to add a little more water.) You will then need about **one litre stock**, either chicken or vegetable. Add about one third of this before blending the soup, then add the rest to achieve the consistency you want. Cook gently for about another 15 minutes to allow the flavours to develop, then check the seasoning and serve with crusty bread.

**Rosemary McCormick**

## MAY 2022 SERVICES

### Sunday 1st May - Third Sunday of Easter

8.45am Morning service Zoom Link in pew sheet

9.45am Holy Communion St John's

11.15am Holy Communion St Katharine's

### Thursday 5th May

10.30am Holy Communion St John's

### Sunday 8th May – Fourth Sunday of Easter

8.45am Morning service Zoom Link in pew sheet

9.45am Holy Communion St John's

### Sunday 15th May Fifth Sunday of Easter

8.30am Holy Communion St John's

8.45am Morning service Zoom Link in pew sheet

9.45am Holy Communion St John's

11.15am Morning service St Katharine's

### Sunday 22nd May Sixth Sunday of Easter

8.45am Morning service Zoom Link in pew sheet

9.45am Holy Communion St John's

### Sunday 29th May Seventh Sunday of Easter, Sunday after Ascension

8.45am Morning service Zoom Link in pew sheet

9.45am Holy Communion St John's

### Sunday 5th June Pentecost Platinum Jubilee

8.45am Morning service Zoom Link in pew sheet

9.45am Holy Communion St John's

11.15am Holy Communion St Katharine's

## DIARY DATES – MAY 2022

### May

Sun	1		Frome Independent Market Day
Thurs	5	7am-10pm	Polling Station in Church (SJ)
Sat	7	10.30am	SJ and SK Worship committee (in SJ)
Sun	8	10.45am	SJ Restoration Fund trustees AGM (SJ)
Sun	15	12.15pm	St Katharine's APCM

Christia	Aid Week starts	
Mon	16	SJ and SK Christian Aid collecting in Westway precinct

Tue	17	7pm	Bennett Centre team meeting (in BC)
Tue	24	7pm	St John's APCM (in church)
Sat	28	9.30am	Bereavement course starts (SM)
Tue	31	11am	Well dressing 'Faithful Service' (SJ)
			Julian meeting (SJ)

<b>June</b>			
Thu	2		Bank Holiday
Fri	3		Platinum Jubilee holiday
Sun	5		Frome Independent Market Day
		afternoon	Jubilee celebrations (SK)



**The Bennett Centre**

**Main Hall & Cloisters  
available to hire**

For booking enquiries:  
[bennettcentre@sjfrome.co.uk](mailto:bennettcentre@sjfrome.co.uk)



community space for Frome



## Lent 2022

We spent many hours praying for the people of Ukraine in church. Several sets of yellow and blue candles burned down.

## Swan news!

It's that time of year again: the swans at the Bishop's Palace in Wells are nesting! This bulletin appeared in Janet's volunteer newsletter last week: '*Latest on the swan egg situation: 5 eggs. Keep an eye on the swan cam on our website from the first week of May to see the cygnets hatching.*'

When Janet did her first stint of stewarding this year – on Monday 25 April – she reported: '*Grace [the mother swan] safely tucked away – so no photos of her.*' Further news next month!



## The closure of the Backpack Project

*Ed: St John's social committee and participants at our parish lunches supported this initiative for many years. Sadly we have received the following letter from them:*

After much deep consideration, we have taken the difficult decision to bring The Backpack Project to an end. We are very grateful to everyone who has supported it over the past 17 years. However, the context we have been working in since the beginning of the pandemic is very different to when The Backpack Project began, with greater logistical complexities and costs to bear that are unsustainable for us. Our ability to reach desperately hungry children has relied on simplicity and good stewardship, and we have come to realise The Backpack Project sadly no longer meets those important aspects of our mission. We therefore must focus solely on feeding hungry children living in the world's poorest countries with a nutritious meal each school day. Thank you again for your support.

**Suzy Harley, Head of Supporter Care**

## Women who should be better known

### Anna Akhmatova



Young Anna by Modigliani

Anna Akhmatova (1889-1966) was probably the most significant Russian/Ukrainian poet of Soviet times, although for most of the period 1917-1966 she was a thorn in the flesh of the authorities, rather like Jeremiah in the Old Testament.

Anna was born in Odessa, in Ukraine, to an intellectual family: her father was an engineer from the Ukrainian nobility and her mother was from the Russian nobility with close ties to Kyiv, called Kiev by the ruling Russians. She studied mainly in Kyiv but finished her literature courses at St Petersburg university, as was common with

those born in Ukraine. Anna had written poetry from the age of 11 and started publishing it in her late teens. However, her father objected to her publishing poetry under the family name of Gorenko, as he felt poetry was not respectable, especially for a woman. So she used her grandmother's Tartar name of Akhmatova.

Anna's work ranges from short lyric poems to intricately structured poetic cycles. Her style, characterised by its economy and emotional restraint, was strikingly original and distinctive to her contemporaries. The strong and clear leading female voice struck a new chord in Russian poetry. Her early work (1912-25) was followed by ten years of reduced output, but she renewed herself and published much of the work for which she is remembered between 1936 and her death.

All artistic work at that time was censored by the authorities, and, since Anna wrote as she wanted to, she was thoroughly condemned by them and they made her life and that of her family very difficult. Her first husband was executed, and both her son and a later partner were sent to the imprisonment camps ('the gulags'). The authorities were angry that, instead of emigrating, she remained to witness what was happening round about her and write about it. Her perennial themes include meditations on time and memory, and the difficulties of living and writing at the time. She wrote down what people dared

not say about the Stalin regime. In addition to poetry, she wrote prose including memoirs, autobiographical pieces, and literary scholarship on Russian writers such as Pushkin. She also translated Italian, French, Armenian, and Korean poetry.

During her twenties, Anna first lived a Bohemian life, then changed to a more patriotic approach during the War and after the 1917 October Revolution. Her poetry became more civic than personal. This is a 1915 plea for God to bring peace: replace 'Russia' with 'Ukraine' and we could be in 2022.

*'This I pray at your liturgy / After so many tormented days, / So that the storm cloud over darkened Russia / Might become a cloud of glorious rays.'*

Initially she got on well with the communist authorities and berated those who left Russia:

*'You are an apostate: for a green island / You betrayed, betrayed your native land, / Our songs and our icons / And the pine above the quiet lake.'*

But from 1920 her poems were written from the perspective of someone who had gained nothing from the Communist revolution. She lamented the culture of the past, the loss of her friends, and the personal loss of love and happiness. Critics began referring to her as a 'relic of the past'. She was also criticised on aesthetic grounds, and eventually, as the grip of the state tightened, she was denounced as an ideological adversary and an 'internal émigré'. In 1925 all her publications were officially suppressed. She continued to write, however, concentrating on describing the harshness of the Stalinist regime, although her works circulated unofficially. Her most read poem of this period is *Requiem*, a monument to the victims of terror, which expresses a disintegration of self and world.

*'Death is the only escape from the horror of life/ You will come in any case—so why not now? / I am waiting for you/ I can't stand much more.'*

The same sentiments can be seen today in the nightly news coverage of suffering Ukrainians.

Her later works were to become more religious and she was more accepted by the authorities, especially after 1953, when she was able to publish her work again. She wrote about the life of the poet, often defined by exile and thought of herself as exiled in her own city. In 1941 she became a symbol of besieged Leningrad and spoke the need to preserve the culture in the future:

*'And we will preserve you [and] transmit you to our grandchildren / Free and pure and rescued from captivity / Forever!'*

Today Ukrainians would say the same thing.

Anna was involved with all other poets and literary figures in Russia, although her relations were not always harmonious. Her love-hate relationship with Boris Pasternak, the Nobel Prize winner and author of *Dr Zhivago* was an example. (Anna herself was shortlisted for the Nobel Prize.) Over nearly three decades the two would share their poetry, criticise each other vehemently and alternately praise or belittle each other. This antagonism was odd: both had decided to stay and fight the regime from the inside rather than emigrate as many of their friends and family had done (e.g. Pasternak's sister Lydia was my Oxford landlady in the 1960s!) But they did not want to bring down the regime – they had more lasting targets. It is cited by many authorities that the fact that the Orthodox religion of Russia and Ukraine survived the Soviets was much due to the continued use of biblical and religious images by both Pasternak and Akhmatova and that this was enhanced by their rivalry.

Anna thought it essential for those who had suffered to be remembered in her work whatever the cost:

*'And you, my friends who have been called away/ I have been spared to mourn for you and weep, / Not as a frozen willow over your memory/ But to cry to the world the names of those who sleep.'*

We need more people like her today.

Chris Lewis



Anna in old age

Do you need a  
Plumber? Call



## PAUL ANTELL PLUMBING

07890 366832  
01373 467427

Professional, Reliable, Friendly & Local

[www.paulantellplumbing.co.uk](http://www.paulantellplumbing.co.uk)  
[paulantellplumbing@talktalk.net](mailto:paulantellplumbing@talktalk.net)

### RELIABLE & TRUSTWORTHY LADY

#### **AVAILABLE FOR**

**Plumbing, Tiling,  
Decorating, Gardening, Dog walking,  
Shopping  
And Domestic Duties**

**Experience In Helping The Elderly  
And Those Who Need Extra Help To  
Remain In Their Own Home**

References Available

For More Details Please Call

Jeanette

07856 042644

### BECKINGTON PHYSIOTHERAPY PRACTICE

has relocated to  
Shawford Farm (A36)  
Beckington, BA11 6SQ

#### **Lesley Fussell MCSP, SRP, AACP**

With over 30 years of experience specialising in treatment of muscle, and joint problems including: back and neck pain, work and posture related disorders, sports injuries, joint and muscle problems following accidents and surgery, arthritic conditions.

Home visits can be arranged.

Contact 01373 831483

Email [lfussellphysio@gmail.com](mailto:lfussellphysio@gmail.com)

Come and see us at our new address

### Computer & Laptop Repairs



Upgrades • Sales • Virus Removal  
Broadband • Networking • Wireless  
Data Recovery • And Much More ...

01373 302901

[www.ntsc computing.co.uk](http://www.ntsc computing.co.uk)  
[help@ntsc computing.co.uk](mailto:help@ntsc computing.co.uk)

| windows | apple | tablet | phone |

### **Inspired to Read**

#### **Spoon-fed**

#### **by Tim Spector**

During lockdown I was reading an article in the *Radio Times* – an interview with the actor, Hugh Bonneville. His answer to the question ‘What book are you currently reading?’ was *Spoon-Fed*. Despite my interest in food and nutrition I hadn’t come across this book, but it didn’t take me long to find it in Hunting Raven.

#### About the Author

Tim Spector is a highly respected medic, specialising in genetic epidemiology, the study of genetic factors in health and disease. His extensive studies of identical twins has led him to make some groundbreaking discoveries, challenging previous beliefs about our personal genetic make-up. His understanding of genetic factors in our response to disease made him an important player in the fight against Covid, but the focus of this book is the understanding of the science of nutrition and how our individual genetic codes affect the way our body absorbs and metabolises nutrients.

#### From the Cover

*We are all bombarded with advice about what we should and shouldn't eat, and new scientific discoveries are announced every day. Yet the more we are told about nutrition, the less we seem to understand ...*

*Spoon-Fed is a ground-breaking book that forces us to question every diet plan, official recommendation, miracle cure or food label we encounter and encourages us to rethink our whole relationship with food.*

*Diet may be the most important medicine we all possess. We urgently need to learn how best to use it, not just for our health as individuals but for the future of the planet.*

#### A Short Extract

*We are used to listening to government advice and guidelines about*

## Spoon-Fed

Why Almost Everything  
We've Been Told  
About Food is Wrong  
Tim Spector



*nutrition and health and wellness ... but can the same health advice really apply to a population of millions of individual humans, with their own lifestyles and unique physiology? Is the one-size-fits-all approach an appropriate base for healthcare policy?*

I found this to be a very easy and interesting book to read, although I must confess that by the end it was becoming a little predictable. Tim Spector is one of several distinguished people who are on a mission to make us all more aware of what we are eating, both for our own health and for the sustainability of the food chain; another prominent figure preaching the same message is Dr Michael Moseley. There are so many reasons for us all to try to make more healthy choices about our food, one of which is surely to minimise the impact on the NHS when we abuse our bodies. Over the past twenty years or so there has been a surge in the numbers of people using diet to manage health issues, but unfortunately there has also been a surge in the numbers of unqualified people offering (often at a high price) dietary advice. One of the points Tim Spector makes is how few fully qualified diet and nutrition experts there are, and how this side of medicine has long been regarded as of secondary importance to the science of drugs or other chemical solutions to health problems.

One of the key points of the book is the importance of the gut microbiome. Since the seventeenth century there has been a growing realisation that the health of our planet is dependent on countless micro-organisms, but the science around the function of micro-organisms within our own bodies is much newer. While we may have become used to seeing the labels *probiotic* and *gut-friendly* appear on food products how many of us really know what this means? Genetic research has revealed that we all have a unique gut microbiome which determines how we process food. This gut microbiome is now recognised as one of the body's most important organs and how we look after it is important.

But back to the content of the book: with chapter headings such as *Not on the label*, *Veganmania*, and *Food miles*, Spector explores our eating habits, and one of the most worrying issues is the power of the food producers and retailers, who, sadly, put profit above health. He

## The Gentleman Painter & Co

Top quality work guaranteed, but minus the radio blasting out Radio 1, swearing, cigarette smoke, constant tea drinking and associated annoyances.

I have over fifteen years' experience of careful but efficient painting and light building work behind me.

Painting – Carpentry – Tiling – Plastering – Fencing – Guttering – Etc

Project Management and Coordination – excellent local references

**marc@marcpeel.com**

**www.thegentlemanpainter.com**

## 1ST LOCAL BIO OVEN-CARPET, PATIO/ DECKING CLEANING

- BOCCA certified • Currys contracted agent
- UK Ovencleaners member • FSB member
- Freeindex 1st place

**Frome,  
Somerset &  
Wiltshire**

**01373 451225  
07891 909789**

[www.icthuscleaning.com](http://www.icthuscleaning.com) • [icthuscleaning@gmail.com](mailto:icthuscleaning@gmail.com)

cites scientific research, but points out that a lot of this has been funded by those food retail giants, rendering their findings questionable at least.

Spector concludes his book with simple summaries of the points he has made and some basic guidelines including: *Educate yourself and the next generation in the importance of real food.*

I apologise if this has turned into something akin to a rant, but it is a subject on which I have very strong feelings! I would urge anyone with an interest in eating healthily and ethically to read this book!

My plans for the next few issues are:

**June:** *The Windsor Knot* by SJ Bennett.

**July:** *English Pastoral* by James Rebanks.

**August/September:** *The Other Bennet Sister* by Janice Hadlow

If you have any thoughts about these books or would like to suggest a title for future reading, please remember that the magazine deadline is the 15<sup>th</sup> of the month!

Rosemary McCormick

## FOCUS FROME



AFFORDABLE,  
PROFESSIONAL  
COUNSELLING



Focus  
Frome

St John's Cottage,  
1, Church Steps, Frome,  
BA11 1PL, Tel: 01373  
485051  
[www.focusbath.com](http://www.focusbath.com)  
Registered charity number  
1108331

## Pelican Plumbing



For bathroom installations  
and plumbing maintenance  
covering Bath and  
surrounding villages.

Simon Preston  
Tel 01373 834991  
Mobile 07982 051869  
email - [simon@pelicanplumbing.co.uk](mailto:simon@pelicanplumbing.co.uk)

For all general plumbing call for a free quote



Call Debbie or Nicola on **01373 580298**  
Showroom: Radstock Rd, Midsomer Norton, BA3 2AD  
[www.sdsgaragedoors.co.uk](http://www.sdsgaragedoors.co.uk)

**f** **i** **g** **☆**

For details of our pre-fab buildings please  
visit: [www.sdsconcretegarages.co.uk](http://www.sdsconcretegarages.co.uk)



**Covid-19 Please visit our Facebook page or website for any updates to our services.**

At Garston Vets we are here 24 hours a day - from preventative health through to surgery and emergencies, our experienced and dedicated teams have provided professional care since 1911



- Preventative care plans including all vaccinations, flea prevention and worm treatments
- The very best advice for the age of your pet including health and nutrition
- Modern, highly equipped and accessible practices
- Care for your pets around the clock and emergency surgery at our main site in Frome

*A truly independent approach to animal care since 1911*

Frome | Melksham | Trowbridge | Warminster | Westbury  
01373 452225 | 01225 617779 | 01225 754021 | 01985 213350 | 01373 301448

[www.garstonvets.co.uk](http://www.garstonvets.co.uk)



## GARAGE DOOR & PRE-FABRICATED BUILDING SPECIALISTS

**WE'LL RECOMMEND A SOLUTION THAT SUITS YOU, NOT US**

That means we listen to your **needs**, take on board your **wants** and, very importantly, take into account your **budget**. We can then advise you on the best way to go; whether that be a complete bespoke garage, top of the range automated door, a basic up and over or simply a repair.

So with direct access to the top manufacturers, a huge stock of spare parts for all makes and our own teams of experienced engineers, you can be assured of the result you want.

**Trading Standards Approved Trader**



Call Debbie or Nicola on **01373 580298**  
Showroom: Radstock Rd, Midsomer Norton, BA3 2AD  
[www.sdsgaragedoors.co.uk](http://www.sdsgaragedoors.co.uk)



For details of our pre-fab buildings please  
visit: [www.sdsconcretegarages.co.uk](http://www.sdsconcretegarages.co.uk)

## **Smile lines!**

*The magazine works in multiples of 4 pages, so with the last minute addition of the two pages about the new Bishop of Bath & Wells (pages 2-3), we have two pages available to bring you one of our occasional series from St James the Least of all and also some other lines that we hope will make you smile!*

### **St James the Least of All**

#### **On parish accounts, teapots and Labrador retrievers**

*Ed: The Revd Dr Gary Bowness continues his tongue-in-cheek letters from 'Uncle Eustace'...*

The Rectory  
St James the Least of All

My dear Nephew Darren

Your annual accounts – all 146 pages, bound in their plastic covers and laid out in faultless detail – really are most impressive. I was rather envious to note you have a clergy ‘discretionary fund’; if I were to be given such a thing, my cellar of claret would improve immeasurably – although that is perhaps the reason why I am not given one.

The size of your office expenses makes me wonder if you have a staff rivalling that of the European Community. I suppose that at least you are doing your bit for job creation. Our dear Miss Marigold, who spends two hours a week randomly filing pieces of paper, mistyping rotas and failing to re-order stationery, is only rewarded by being the first to find out who are booking marriages and having their babies baptised – and if they do not happen in that order, that will be another piece of information remembered for future use. All this is information beyond the price of jewels in village communities.

Our accounts have more by way of charm than they do of accuracy, generally consisting of one sheet of handwritten paper. There are only



ever three copies for circulation, as that is the limit of Colonel Denster’s carbon paper. It seems to be an unalterable tradition that they never balance, until we find the following year that the missing £20 was found months later under the teapot on the mantelpiece. One footnote to this was the occasion when the Colonel suspected an unaccountable £5 had been eaten by his Labrador. Our greatest expenses by far are categorised as ‘miscellaneous’, which is a catch-all for everything that our treasurer is unable to recall where it really went.

The thousands paid on church maintenance and diocesan fees are nodded through without comment – but if the money spent on Easter lilies or packets of tea for the Summer Fete increases by anything more than 50 pence, there will be much agonised debate and speculation about whether this is an indication of money laundering.

I see that your accounts were professionally audited. Fortunately, it does not matter too much about the accuracy of our own, as I have an arrangement with our auditor who lives in the village: if he refuses to sign them off, then I refuse to baptise his grandchildren.

Your loving uncle,  
Eustace

#### **Mistake**

A mistake is proof that someone was at least trying to accomplish something.

#### **Found**

*On the church noticeboard:*  
Contact lens found in church. See vicar. If you can.

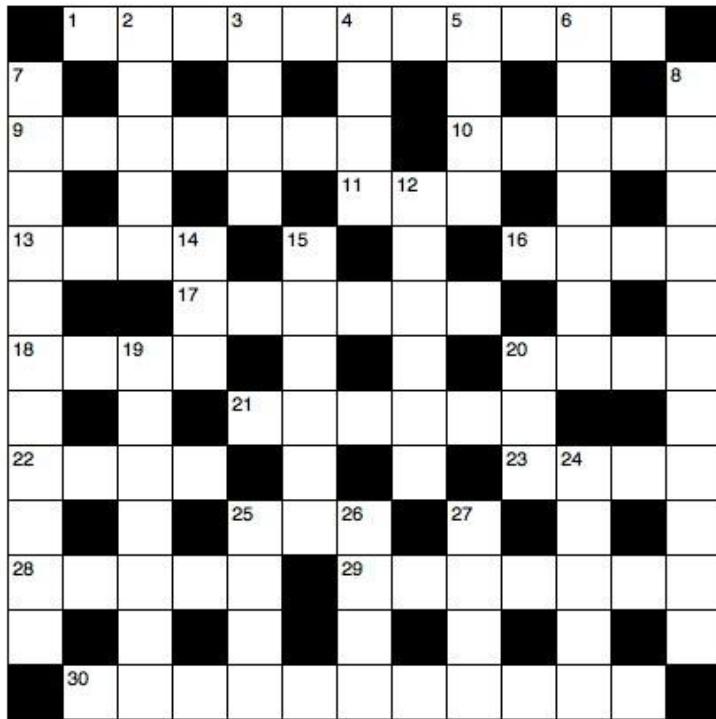
#### **Grannies**

Grandmas are mums with lots of frosting.

#### **Grandchildren**

What bargains grandchildren are! I give them my loose change, and they give me a million pounds worth of pleasure. – *Gene Perret*

## MAY CROSSWORD



**The Bible version used in this crossword is the NIV.**

### Across

- 1 Overpowered (Deuteronomy 11:4) (11)
- 9 'The — are mantled with corn' (Psalm 65:13) (7)
- 10 'Each man—a sword to his side' (Exodus 32:27) (5)
- 11 On the death of Jesus the curtain in the temple was torn from— to bottom (Matthew 27:51) (3)
- 13 Stagger (Isaiah 28:7) (4)
- 16 'Anyone, then, who knows the good he ought—and doesn't do it, sins' (James 4:17) (2,2)
- 17 Stir up or provoke (Acts 13:50) (6)
- 18 Burden (Luke 11:46) (4)
- 20 'As far as the east is from the—so far has he removed our transgressions from us' (Psalm 103:12) (4)
- 21 Sign (Luke 23:38) (6)

- 22 'After that, Jesus poured water into a basin and began to—his disciples' feet' (John 13:5) (4)
- 23 The nature of the seven ears of corn which swallowed up the good ears in Pharaoh's dream (Genesis 41:23) (4)
- 25 Has (anag.) (3)
- 28 'This is the account of Shem, Ham and Japheth,—sons' (Genesis 10:1) (5)
- 29 'I will...make them drunk, so that they...sleep for—and—awake' (Jeremiah 51:39) (4,3)
- 30 Paul said of him, 'he often refreshes me and is not ashamed of my chains' (2 Timothy 1:16) (11)
- Down**
- 2 Worth (Matthew 13:46) (5)
  - 3 'A bruised — he will not break' (Matthew 12:20) (4)
  - 4 'Suddenly a great company of the heavenly — appeared with the angel' (Luke 2:13) (4)
  - 5 Slip (anag.) (4)
  - 6 'Take an awl and push it through his — — into the door, and he will become your servant for life' (Deuteronomy 15:17) (3,4)
  - 7 Bountiful (2 Corinthians 8:2) (11)
  - 8 'Therefore, as we have — , let us do good to all people' (Galatians 6:10) (11)
  - 12 Acquire (2 Timothy 2:10) (6)
  - 14 Container cover (Numbers 19:15) (3)
  - 15 'He...became obedient to death, even death on—!—!' (Philippians 2:8) (1,5)
  - 19 Refrain (1 Peter 2:11) (7)
  - 20 'She began to—his feet with her tears' (Luke 7:38) (3)
  - 24 One who worships Brahma, Vishnu or Shiva (5)
  - 25 'Give to everyone who—you' (Luke 6:30) (4)
  - 26 'I lift up my eyes to the hills; where does my—come from?' (Psalm 121:1) (4)
  - 27 One of those whom the Lord said would be taken from Jerusalem and Judah as judgment on them (Isaiah 3:2) (4)

### Answers to April's crossword:

**ACROSS:** 1, Womb. 3, Agnostic. 9, Long ago. 10, Fleet. 11, Horeb. 12, Yellow. 14, Deceitfulness. 17, Banish. 19, Towel. 22, Boils. 23, Inferno. 24, Eternity. 25, Defy. **DOWN:** 1, Will hide. 2, Minor. 4, Glory of Christ. 5, Offal. 6, The Robe. 7, City. 8, Zabbai. 13, Psalmody. 15, Chalice. 16, Let off. 18, If son. 20, Worse. 21, Able.

*Crosswords reproduced by kind permission of BRF and John Capon, originally published in Three Down, Nine Across, by John Capon (£6.99 BRF)*

**MAY WORD SEARCH**  
**A Prayer for Ukraine**

Lord, we pray for Ukraine, a nation in which 70% of the population call themselves Christian. You, Lord, make wars cease to the end of the earth; you break bows, shatter spears, and burn shields with fire [Psalm 46:9]. And so, we ask you now to save the lives of many people in Ukraine. De-escalate this crisis. We hear of wars and rumours of wars (Matt. 24:6], but you Lord are our rock, our fortress and our deliverer. Our hope is in you. And so we address the nations now. In the name of Jesus we say: Be still and know God! He is exalted among the nations; He shall be exalted in the earth [Psalm 46:10]. *Kyrie eleison – Lord have mercy.*

Ukraine  
War  
Cease  
Earth  
Break

Bows  
Shatter  
Spears  
Burn  
Shields

Fire  
Save  
many  
Lives  
Crisis

Lord  
Our  
Rock  
Fortress  
Deliverer

Hope  
In  
You  
Be  
Still



L	H	S	R	E	S	R	R	D	A	M
E	L	W	F	F	E	O	W	S	S	A
S	H	I	E	L	D	S	K	A	D	N
S	R	E	T	T	A	H	S	C	R	Y
E	E	N	A	S	B	L	T	U	O	Y
R	S	I	S	I	R	C	B	R	L	R
T	P	A	S	M	O	U	R	O	A	T
R	E	R	E	V	I	L	E	D	W	E
O	A	K	V	C	E	V	A	B	P	S
F	R	U	I	M	A	N	K	O	S	D
O	S	N	L	S	E	E	H	L	S	R

**MAY SUDOKU**

	2			1	4	6
9				3	8	
			4			3
6				2		
5						4
			9		7	
6				2		
		3	9			1
8	1	5				9

© 2008 KrazyDad.com

**YOUR MAGAZINE TEAM**

Editors: Mandy Crook, Karolyn Curle

St Katharine's editor: Pam Chapman

Printer: Karolyn Curle

Please send in material for *Inspire* to the editors by the 15th of the previous month.

**ADVERTISING RATES**

For a full year (10 issues – August and December are double-months)

$\frac{1}{8}$  page 4.3 cm (height) by 6 cm (width) £20.00

$\frac{1}{4}$  page 9 cm (height) by 6 cm (width) £30.00

$\frac{1}{3}$  page 6 cm (height) by 12.3 cm (width) £40.00

$\frac{1}{2}$  page 9 cm (height) by 12.3 cm (width) £60.00

Full page 18 cm (height) by 12.3 cm (width) £110.00

To advertise, please contact the editor  
[amandacrook@blueyonder.co.uk](mailto:amandacrook@blueyonder.co.uk)

**SERVICE ROTA FOR MAY 2022**

Date/Week	Services	Readings	Duties for the 9.45am service at SJ			St Katharine's
			Readers	Prayers	Sidespersons	
Sunday 1 May Third Sunday of Easter	8.45am Zoom Service 9.45am Holy Communion	Acts 9.1-6 (7-20) Revelation 5.11-end John 21.1-19	N McCormick K Yeaman	A Crook R Frooms B Essex		8.45am Zoom Service 11.15am Holy Communion
Sunday 8 May Fourth Sunday of Easter	8.45am Zoom Service 9.45am Holy Communion	Acts 9.36-end Revelation 7.9-end John 10.22-30	E Gilbert B Essex	J Caudwell C Holland		8.45am Zoom Service
Sunday 15 May Fifth Sunday of Easter	8.30am Holy Communion 8.45am Zoom Service 9.45am Holy Communion	Acts 11.1-18 Revelation 21.1-6 John 13.31-35	The Hudsons R Patten	L Bushell M Smitherman	K Yeaman M Smitherman	8.45am Zoom Service 11.15am Morning Service
Sunday 22 May Sixth Sunday of Easter	8.45am Zoom Service 9.45am Holy Communion	Acts 16.9-15 Revelation 21.10.22-22.5 John 14.23-29 <b>OR</b> John 5.1-9	S Smith R McCormick	C Alsbury G Fone R Frooms		8.45am Zoom Service
Sunday 29 May Seventh Sunday of Easter Sunday after Ascension	8.45am Zoom Service 9.45am Holy Communion	Acts 16.16-34 Revelation 22.12-14, 16.17.20-end John 17.20-end	T Bushell M Alsbury	J Caudwell C Holland	B Essex	8.45am Zoom Service
Sunday 5 June Pentecost Platinum Jubilee	8.45am Zoom Service 9.45am Holy Communion	Acts 2.1-21 <b>OR</b> Genesis 11.1-9 Romans 8.14-17 <b>OR</b> Acts 2.1-21 John 14.8-17(25-27)	C Holland S Keyes	A Crook J Davies M Smitherman		8.45am Zoom Service 11.15am Holy Communion
						Thurs 5 May - 10.30am Holy Communion Sun 15 May - 8.30am Holy Communion Sat 28 May - Well Dressing Tues 31 May - 11.00am Julian Meeting
			CA - Vicar: Colin Alsbury JC - Lay Reader: Janet Caudwell RF - Lay Reader: Ross Frooms			

## Woodlands, St Katharine

Churchwardens	Vacancy
PCC Secretary	Vacancy
PCC Treasurer	Mandy Hulme
Organist/Choir leader	Covered by vicar and warden
Flowers	Diana Carrington
Magazine contact	Vicky Turner
	Mandy Hulme
	Pam Chapman
	friggletowers@gmail.com

## East Woodlands Hall

Hall Bookings	Sara Charlton	01373 229386 <a href="mailto:sarajaynechar@yahoo.com">sarajaynechar@yahoo.com</a>
Hall website		<a href="http://www.ewvh.co.uk">www.ewvh.co.uk</a>

## St John's Church School (Aided)

Headteacher	Claire Marsland	01373 462251
Chair of Governors	Vacant	c/o school
Clerk to Governors	Rosemary Conway	
	Email: <a href="mailto:rconway@educ.somerset.gov.uk">rconway@educ.somerset.gov.uk</a>	

## FACT

### Frome Area Christians Together

Chair	Vacant
-------	--------

*We have tried to get all the key contacts on these lists; if you have any corrections or suggestions to be added to the list please contact the editors.*

Just as the sparrow has found a home and the

swallow a nest where she may raise



Her young, my resting place is in your house, O

Lord my King and my God. Ps 84:3